

**Calling for submissions**  
**Annual Academic Sessions August 2025**  
**Sri Lanka College of Psychiatrists**  
**Best Psychotherapy Essay**



- Registrars, senior registrars, and junior consultants within 10 years of commencement of training in psychiatry are eligible to apply.
- The award is for a case write-up relevant to psychotherapy, whether psychodynamic, cognitive, behavioural, integrative therapies, or other, as practiced in psychiatry.
- The applicant should have managed the patient by him/herself under a supervising consultant.
- The maximum word count is 3500.
- Please email the report and the cover letter to [contactslepsych@gmail.com](mailto:contactslepsych@gmail.com) AND [Psychiatryslj@gmail.com](mailto:Psychiatryslj@gmail.com)
- Please state “Psychotherapy essay” as the subject of the e-mail.
- Authors should be MEMBERS of the Sri Lanka College of Psychiatrists if they are eligible for membership. If you are not already a member, please become a member before forwarding your application.
- The decision of the panel of judges will be final.

**The deadline for submissions is 31 March 2025**