



SRI LANKA COLLEGE OF PSYCHIATRISTS

“Reimagining Psychiatry in Resource - Limited Settings”

23rd Annual Academic Sessions – 2026

5th - 7th June 2026 at Hotel Galadari, Colombo

Inauguration Ceremony - 5th June 2026

Post Congress Workshops at NIMH

8th June 2026

- Psychiatric Expert Evidence in Sri Lanka: Legal Thresholds, Admissibility, and Evidentiary Limits
- From Report to Ruling: How Judges Evaluate and Use Psychiatric Evidence
- Between Law and Conscience: Practical Ethics in Forensic Psychiatric Practice

9th June 2026

- Systemic and multisectoral management of child victims of trauma - "Healing beyond survival "

Scan for Registration



Day 1 - 06th June 2026

Registration
Free papers
Plenary 1 Depression beyond the brain; the gut, the immune system, and the mind - Prof. Neelika Malavige 
Plenary 2 The missing axis in psychiatry; metabolic health as cause, complication, and opportunity - Prof. Raveen Hanwella 
Morning tea
Symposium 1 - Mental Health in Digital Era Telemedicine in relation to the development of mental health services - Prof. Robert Parker  Overview of Telemedicine practices in Sri Lanka and its expansion into mental health services - Dr. Gumindu Kulatunga Artificial Intelligence, Digital Tools, and the Psychiatrists of Tomorrow – Dr. Roshan Fernando  
Symposium 2 - Child and Adolescent Mental Health Ethical considerations in the diagnosis of autism and ADHD - Dr. Ananta Dave  Laziness in teens: reasons and solutions- Prof. Miyuru Chandradasa  The silent patients : Mental health needs of medically ill children – Dr. Madona Sriskandarajah 
Lunch
Plenary 3 The mythic mind in the age of neuroscience - Dr. Vinay Kumar 
Symposium 3 - Psychotherapy Psychological interventions for prolonged grief - Prof. Amila Isuru  Carer mental health - Ms. Roshan Dhammapala  Therapeutic Alliance - Dr. Santushi Amarasuriya 
Plenary 4 Female sexual dysfunction: new insights, diagnostics, and interventions - Prof. T. S. Sathyanarayana Rao 
Evening Tea

Day 2 - 07th June 2026

Registration
Free papers
Symposium 4 - Rehabilitation in Psychiatry Psycho - social rehabilitation for Schizophrenia - moving beyond symptom management - Dr. Gayani Siriwardena Cognitive Rehabilitation for dementia- Prof. Alex Bahar-Fuchs   Future of psychosocial rehabilitation in Southeast Asia- Dr. Murali Thyloth 
Morning tea
Plenary 4 Adult ADHD in practice: making the correct diagnosis – Dr. Pradeepa Dasanayake 
Symposium 5 - Lifestyle and Mental Health: Evidence to Practice Lifestyle interventions into mental health care - Dr. Vajira Dharmawardene  Metabolic syndrome- Dr. Niranjala Meegoda Widanage  Exercise as medicine for mental health - Prof. Chaturanga Ranasinghe 
Plenary 5 Men’s mental health: hidden burdens and unmet needs- Dr. Chamara Wijesinghe 
Lunch
Debate
Conclusion Remarks
Evening Tea